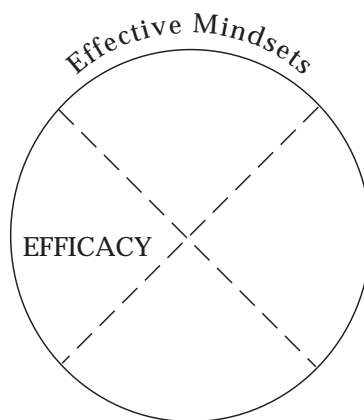


# EFFICACY

*Who I am and what I do  
makes a difference.*

*The single biggest factor affecting academic  
growth of any population of students is the  
effectiveness of the individual teacher  
(William Sanders, 1999).*



- v Consider your values alignment.
- v Hold a higher moral purpose. Understand, at a deep level, the impact you have on others. This is important work.
- v Stay focused on making a difference.
- v Provide mentoring to others.
- v Continue your personal and professional development.
- v Develop a few BHAGs.

*Applications: use healthy rules for success and record  
and review your past successes*

## Use Healthy Rules for Success

*What criteria (internal  
rules) could I use to have  
'good days' on a regular  
basis?*

*How can I instill more  
FUN into every day?*

## Review Past Successes

- *Keep a victory log*
- *Keep a success box*

*Look at these when you  
need a boost.*